**6th Grade Conflict Resolution Training**

In 6th Grade counselors are beginning the year by providing Conflict Resolution Training. This is done over 4 sessions during science classes. All 6th graders will have completed the training by the end of marking period 1. Through, structured activities, role-plays and group discussion the students will learn about conflict, typical reactions to conflict, coping with anger, positive communication, and tools for dealing with conflict itself. Students are given opportunities to share their thoughts and feelings while gaining understanding and building trust with Mrs. Prashar.

Below are the tools that are discussed with students to assist them in dealing with day-to-day conflict situations;

* Use Humor
* Compromise
* Avoid the person or situation
* Take turns
* Share
* Postpone
* Negotiate
* Talk-it-out
* Use chance to decide (flip a coin, rock-paper-scissors, etc.)
* Apologize
* Ignore
* GET HELP from and adult if all else fails!!

These may seem like obvious choices to some but often conflict may be deescalated creatively using one of these tools. Our hope is to help students to see that by making these types of choices deliberately they can positively affect their own lives.